

## Deflance Chy Schools

Lunch Menu 2023-2024

Meal Prices<br>Breakfast \$2.00

Reduced Breakfast \$0.30
Adult Breakfast $\$ 2.50$
MS/HS Lunch \$3.00
DES Lunch \$3.00
Reduced Lunch $\$ 0.40$
Adult Lunch \$3.85 Milk \$0.70

## Daily Choices

Chef Salad
PB\&J Sandwich \& Cheese Stick

PS-12 allowed 3 meal charges before given alternate meal.

The Defiance City Schools students are given the opportunity to enjoy a healthy lunch everyday. The meals consist of a protein, a vegetable, a fruit, a whole grain (bread), and milk. Meals are planned according to the National School Lunch Program and reflect the Dietary Guidelines for Americans.

Your child may qualify for free or reduced priced meals, if your family meets the eligibility requirements. Applications are to be completed by an adult family member (one per household) and may be picked up in the school offices, online at www.payschoolscentral.com or found on the district website defiancecityschools.org. Applications are accepted throughout the year. If you have any questions, please call the Food Service office at 419-782-6382.

## MENU SUBJECT TO CHANGE WHEN NECESSARY!

Follow the calendar for our four week lunch cycle.
This institution is an equal opportunity provider

## Lunch Menu \# 1

| Popcorn Chicken Mashed Potatoes Corn Apples Corn Bread Milk | Beef Taco or Taco Salad Refried Beans Spanish Rice Peaches Milk | DES Pizza Pulled Pork W/WG Bun Steamed Broccoli Tomatoes/ Dii Mixed Fruit Milk | Beef Stroganoff Green Beans Carrots/Dip Fresh Fruit WG Bread Milk | MS/HS Pizza Hamburger/WG Bun Spinach Salad Oven Potatos Applesauce Milk |
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| Lunch Menu \# 2 |  |  |  |  |
| Pizza Spinach Salad/ $/$ Dressing Tomatoes/Dip Fruit Milk | Lasagna w/ WG Garlic Bread Steamed Caulifilower Celery/Dip Apple Crisp Milk | DES Pizza Chicken Patty WG Bun Oven Potatoes Broccoli/Dip Pears Milk | Turkey \& Noodles Mashed Potatoes Green Beans Peaches WG Breadstick Milk | MS/HS Pizza Hot Dog/ Chili Sauce WG Bun Carrots/Dip Baked Beans Mixed Fruit Milk |



## Lunch Menu \# 4

| Toasted Cheese Tomato Soup Mixed Vegetables Fresh Fruit Treat Milk | Omelet or French Toast Sausaye Hash Browns Tomatoes/Dip Orange Milk | DES Pizza <br> Bosco Sticks/Pizza Sauce Carrots/Dip Oven Potatoes Peach Crisp Milk | Spaghetti Broccoli/Dip Green Beans Fresh Fruit WG Breadstick Milk | MS/HS Pizza Hot Dog/ WG Bun Baked Beans Caulifilower/Dip Applesauce Milk |
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Breakfast: Each day we offer a variety of entree choices. Each breakfast includes: fruit, juice, and milk.


